

TREATMENT CONSENT FORM

All-In-One Caviar Peel



Skin Conditions:

- ☐ Superficial Wrinkles, Fine Lines
- ☐ Acne / Acne Prone / Rosacea
- ☐ Hyperpigmentation (sun or brown spot)

The treatment you will receive is a clinical treatment designed to exfoliate or remove the outer (epidermal) layers of the skin. Depending on the treatment, you may experience some temporary burning, itching, stinging or warm flushing. This will fade within 5-10 minutes. During the next few hours you may experience some tightening of the skin, which may last for several days. For some clients, a light flaking may begin within 48 to 72 hours. It is impossible to pre-determine how much peeling will occur. The shedding process usually subsides within 2-3 days. Infrequently, a small scab or blister may develop (usually over pre-existing lesions, such as acne or a scaly patch). If this occurs, it should not result in permanent mark as long as you do not tamper with the spot (since scarring can occur as a result of manipulation by the client, i.e. picking it.)

Your full participation in this skincare treatment will determine the success of the outcome. It is important that you strictly adhere to the homecare produce and regimen that your Professional Skin Therapist has recommended. It is possible to have a poor reaction or less skin improvement than expected. No guarantee is made or implied as to the precise results, peeling times or discomfort.

Please select all that are applicable:

- | | |
|--|---|
| <input type="checkbox"/> I am not pregnant | <input type="checkbox"/> I agree to follow the suggested protocol |
| <input type="checkbox"/> I am not allergic to Caviar or Aspirin | <input type="checkbox"/> I agree to avoid direct sun for two weeks |
| <input type="checkbox"/> I do not have any active cold sores | <input type="checkbox"/> I agree not to wax for 72 hours |
| <input type="checkbox"/> I have not used Accutane in the past year | <input type="checkbox"/> I agree to apply sunscreen protection daily (SPF 30 or higher) |

I release and indemnify and **AUDIA SKINCARE** from any liability and claims whatsoever arising out of or related to any loss, damage or injury that I may sustain while participating in this treatment.

Client (Print Name): _____

Signature & Date: _____

CONTRAINDICATIONS:

If any of these contraindications are present, you **cannot** have a **ALL-IN-ONE CAVIAR PEEL**. Instead you should ask for a recommendation for an alternate treatment or reschedule your appointment if the contraindication will clear within a few days or weeks.

You cannot have the **ALL-IN-ONE CAVIAR PEEL** if you:

- are allergic to any of the ingredients in the All-In-One Caviar Peel. (Please let us know if you have any history of allergies to skincare products.)
- are allergic to Aspirin or Caviar
- have received a cosmetic or resurfacing skin procedure such as laser, light therapy, chemical peel or microdermabrasion within the last two weeks
- have received Botox or other injectable procedures within the last 5 days. All-In-One Caviar Peel may be performed before injections or one week after injections
- have wax an area on your face in the last 72 hours
- are taking (or have taken) Isotretinoin (Accutane) currently or within the last 6 months
- have experienced direct sun exposure or have sunburned skin two weeks before treatment or plan on sun
- have highly sensitized or irritated skin and the skin's barrier is compromised
- have a contagious skin disease or infection (such as an active cold sore breakout)
- have open cuts, wounds or abrasions on your skin
- are pregnant or lactating
- appear to be emotionally unstable

I have received a copy of the Contraindication Instructions for the **ALL-IN-ONE CAVIAR PEEL**.

Client (Print Name): _____

Signature & Date: _____

CLIENT POST-TREATMENT INSTRUCTIONS

All-In-One Caviar Peel



- Increase your fluid intake for the next 2-3 days.
 - Avoid daylight exposure for 2-3 weeks. Wear a 3-inch wide brimmed hat if necessary when going out into sunlight. Always wear physical SPF 30 (or higher) sunscreen
 - Expect to begin peeling at 2-3 days. DO NOT pick or peel loose skin. This could cause post-inflammatory
 - Expect to peel for approximately 3-4 days. Continue to moisturize the treated area for the duration of the peeling process. (TIP: Spritz with **A Mist of Rose** and apply **Moonlight Collagen Mask at night** or **Pro Peptide Creme** throughout the day to maintain hydration and decrease the appearance of flaking.)
 - Once the skin has returned to normal, return to your regular skin routine that has been recommended by your Professional Skin Therapist.
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- Avoid any aerobic exercise or vigorous physical activity for the first 48 hours
 - **Avoid direct sun exposure. Too much sun exposure may cause improper healing and, in some cases, may reverse the benefits of the peel.**
 - You may GENTLY apply a cold compress to the treated area(s) as needed for any burning or irritation associated with your treatment.
 - Make sure to avoid excessive heat on the treated area. Avoid tanning beds and self-tanners to the treated areas for 4 weeks after treatment.
 - Avoid alpha- and beta-hydroxy acids products, retinoids, retinols and facial products containing fragrance for 5-7 days after.
 - Pack hat, sunglasses for after your peel treatment.
 - Avoid makeup application the day of the treatment.
 - Cleanse with tepid to cool water (don't use hot showers or baths for at least 24 hours).
 - Use soft cloth or tissue to dry, don't rub.
 - Avoid Swimming (chlorine).
 - Avoid having other professional treatments unless suggested by your esthetician.

I have received a copy of the Post Treatment Instructions for the **ALL-IN-ONE CAVIAR PEEL**.

Client (Print Name): _____ Signature & Date: _____

SERIES INFORMATION

All-In-One Caviar Peel



For best results with the **ALL-IN-ONE CAVIAR PEEL**, Perform a series of 3-6 treatments depending on your level of concern. Multiple series may be performed to achieve the desired result. We recommend a series of **ALL-IN-ONE CAVIAR PEEL** treatments in the spring, fall and winter as this will minimize exposure to the sun and decreases risk of photosensitivity. (It is important to delay your treatments if you will be spending significant time in the sun at any time of year.)

- Anti-Aging / Hyperpigmentation: 2-4 Weeks apart
- Normal/ Maintenance: 4 weeks apart
- Acne/Congestion: 2-4 Week apart
- Sensitive: 3-4 weeks apart

Notes: